

Arlington High School

Home of the Red Devils

Athletic Department

Student-Athlete Handbook

Arlington High School

336 South Main Street

Arlington, OH 45814

AHS Main Office: (419) 365-5121

Athletic Office: (419) 365-5121 Ext. 260

Athletic Website: Located on the School's Website

www.arlingtonlocalschools.com

Final Forms Website: Accessible on the School's Website

www.arlingtonlocalschools.com

Arlington High School Sports

Fall

Cheerleading
Golf
Football
Volleyball

Winter

Cheerleading
Basketball – Boys'
Basketball – Girls'

Spring

Baseball
Softball
Track – Boys'
Track – Girls'

Arlington Junior High School Sports

Fall

Cheerleading
Volleyball
Football

Winter

Cheerleading
Basketball – Boys'
Basketball – Girls'

Spring

Track – Girls'
Track – Boys'

I. Introduction

The Student-Athlete Handbook exists in order that athletes and their parents may better understand their responsibilities and rights when an athlete participates in the Arlington High School Athletic Program. The packet addresses several forms that are required to be filled out on Final Forms before any athletic participation may be permitted. Please read the handbook carefully. Questions may be directed to the Arlington Athletic Director.

A. Organization of the Handbook – The handbook is divided into five (5) main sections. The sections are located in the handbook in the following order:

| | |
|-------------|---|
| Section I | Introduction/Organization of Handbook/Philosophy/Objectives |
| Section II | Extracurricular Code of Conduct |
| Section III | Care of Equipment |
| Section IV | Arlington Athletic “Chain of Command” |
| Section V | Arlington Drug Testing Program |

B. Required Forms – All of the following forms must be completed on Final Forms (accessible from the school’s website) prior to a student-athlete’s first practice.

Dual Participation Form (if participating in multiple sports in one season)
OHSAA Physical/Eligibility/Authorization
Emergency Medical Authorization
Informed Consent Agreement
Athletic Insurance Information/Waiver
Concussion Sign-Off
Parent Information and Final Sign-Off

Please read all information carefully so that you knowingly understand, acknowledge and agree to all the policies, procedures and forms addressed in this handbook. All forms need to be completed and signed-off on in Final Forms. Final Forms is accessible through the school’s website at www.arlingtonlocalschools.org. Athletes may not practice or participate until all forms have been signed-off on in Final Forms.

Philosophy

The athletic program serves as an auxiliary to the education program. Participation is available to all students and subject to the rules of the OHSAA and the policies of the Arlington Athletic Council. Emphasis shall be on sportsmanship, skill development, social experiences, physical development, and personal satisfaction.

Objectives

The athletic program shall provide each participant with desirable learning experiences, fit within the overall educational program and be operated in first class manner. The athletic program shall operate in a manner such that each participant will realize the development of moral values, a sense of competition,

a spirit of cooperation, emotional maturity, physical skills, social competence, self-discipline, health and happiness, an understanding of the democratic process and a realization of group goals.

II. Extracurricular Code of Conduct

Students who participate in our school sponsored athletic program must conduct themselves in a way that reflects favorably on themselves, their school, and their community. It is expected that they will follow the instructions of the coaching staff. All school regulations apply for athletic events and practices. If found being in violation of the code of conduct, the athlete's privilege to practice will rest on the discretion of the Athletic Department and head coach of the sport(s) affected.

The Athletic Code of Conduct will be in effect for all athletes (Grades 7-12) for a continuous, year long duration. The policy is in effect 365 days a year.

Athletes (Grades 7-12) are subject to this policy when they decide to participate in any athletic activity and they remain subject to this policy for the entire time that they participate in athletics at Arlington Jr. High/High School.

Arlington Athletic Code of Conduct Specific Items (1-20)

1. Unsportsmanlike conduct, profanity, foul language, or vulgar remarks with lack of respect towards coaches, opponents, teammates, officials, fans, and school personnel shall be deemed an infraction. The Head Coach will address these infractions on an individual basis.
2. An unexcused absence from school or practice may, at the coach's discretion, result in ineligibility for the next contest; a second offense may, at the coach's discretion, carry a penalty of ineligibility for the next two contests. Further infractions of this rule may result in the athlete being removed from the team for the remainder of the season.
3. In order to participate in an athletic contest, a student athlete cannot miss more than one-half of the scheduled school day. An athlete may participate on a non-school day following an absence as long as that absence is an excused absence. Any exceptions would need to be approved by the Athletic Department and High School Principal.
4. Curfew will be at the discretion of each head coach.
5. A student-athlete serving an out-of-school suspension is ineligible for any athletic participation the day(s) of the suspension. Friday suspension will make the student-athlete ineligible for the weekend contests and practices. Students attending the Alternative Opportunity Center (AOC) are eligible to participate in games and practices.
6. Each participant is responsible for his/her own personal equipment as well as school owned equipment issued to him/her. School owned equipment must be returned, when requested, to the coach. See Section III: Care of Equipment.
7. A student's attendance at an awards banquet is expected if he/she is to receive his/her award for the season. The sport season is considered completed at the conclusion of all related events, such as awards recognition banquets, all-star games, etc. A student must inform their coach ahead of time if they are

unable to attend the awards banquet. The student can still receive their awards if the coach determines the absence to be excused.

8. Students participating in extra-curricular programs shall be required to meet certain academic standards to be eligible to participate in contests or performances.

High School Eligibility – In order to be eligible in grades 9-12, a student-athlete must be currently enrolled and must have been enrolled in school the immediately preceding grading period. During the preceding grading period, the student must have received passing grades in a minimum of five one-credit courses or the equivalent, which count towards graduation. The student-athlete must have also achieved a 1.0 GPA the previous grading period. The eligibility of a student-athlete continues until the start of the fifth school day of the next grading period, at which time the grades from the immediately preceding grading period come into effect.

Junior High Eligibility – A student-athlete enrolled in the first grading period after advancement from the eighth grade must have passed at least five of those subjects carried the preceding grading period in which the student was enrolled. The student-athlete must have also achieved a 1.0 GPA the previous grading period. A student enrolling in the seventh grade for the first time will be eligible for the first grading period regardless of previous academic achievement. Thereafter, in order to be eligible, a student in grade 7 or 8 must be currently enrolled and must have been enrolled in school the immediately preceding grading period and received passing grades during that grading period in five (5) of those subjects carried the preceding grading period. The student-athlete must have also achieved a 1.0 GPA the previous grading period.

Students are responsible for keeping track of their athletic eligibility and meeting the necessary requirement.

9. The head coach of each sport, with the athletic department's approval, shall have the right to write and enforce additional rules and regulations that are necessary to maintain a well-balanced climate for the health and welfare of his/her particular sport. A copy of these rules and regulations is to be issued to each participant. Training rules will not conflict with the Arlington Athletic Code.

10. Even though athletic participation is a privilege; a participant will be afforded due process by the coach or advisor if denial of participation is considered as a means of correction. Immediate removal of a participant may be necessary for the safety and/or welfare of the participant or others. In such a case, the coach may deny participation on an emergency basis without due process.

11. Students are required to ride to and from events in school provided transportation. Permission to ride with a parent/guardian may be granted by filling out the proper form, the parent/guardian signing the form and submitting it to the coach.

12. Students are required to carry medical insurance. If a student is not covered under a policy at home, students may sign-up for the insurance offered at school. Proof of insurance is required before starting practice.

13. All infractions and punitive measures may, if requested by the athlete, be reviewed initially by the athletic director and/or the building principal.

14. Any athlete quitting or being dismissed from a team after the official OHSAA start date of that season or any athlete that does not finish the season for any other reason except for injuries will:

- a. Forfeit all awards, recognition and functions of that team.

b. Not be permitted to participate in any other sport until the season he/she dropped is completed.

15. Any athlete wishing to participate in two Arlington sponsored sports in the same season needs to have permission from the Athletic Department and the two participating sports' head coaches in order to compete in both. This permission needs to be approved before the start of the season. The athlete needs to determine which sport is primary and which is secondary at the start of the season. The athlete must also maintain at least a 3.0 cumulative GPA. The dual participation form is located on Final Forms.

16. Participation in non-scholastic (club) sports during an Arlington sponsored sport season will be at the discretion and by agreement of the head coach of the school sponsored sport for that season. Please remember that it is illegal to participate in a club sport during the same sports' school season. For example, an Arlington volleyball player cannot play club volleyball during Arlington's volleyball season. This is an OHSAA violation.

17. "Hazing" falls under the guidelines of ORC 2903.31, it is important to address it in the Code of Conduct. In part, no student may do any act or coerce another, including a victim, to do any act of initiation into any team/activity that causes or creates a substantial risk of causing mental or physical harm to any person. No person shall recklessly participate in the hazing of another. No administrator, employee, coach or faculty member shall recklessly permit the hazing of any person. In addition to being subject to school disciplinary procedures, a person guilty of hazing is subject to punishment under ORC 2903.31.

18. Athletes must refrain from the consumption, use, or possession of alcoholic beverages (including non-alcoholic beer), steroids, drugs, drug look-a-likes, counterfeits, drug paraphernalia, tobacco (including e-cigarettes), and nicotine (including vape devices or other similar devices). Failure to refrain from these items shall be deemed an infraction. An infraction can come from a failed drug test and/or other proof that possession or consumption of any of the above occurred.

19. A member of an athletic team or group may also be denied the privilege to participate for any other just cause not otherwise defined by code or the coaches' rules and regulations.

III. Care of Equipment

One of the great values of athletics is the teaching of responsibility in the care of equipment. The school provides the best and safest equipment we can buy, and we expect each athlete to care for this equipment properly.

1. The Athletic Department will loan every athlete the equipment necessary to participate in the activity. In those cases, where it is more practical for the athlete to own his/her equipment, this can be arranged with the Athletic Director.
2. The original equipment issued to you as a participant must be turned in at the close of the season. Substitution of equipment among athletes cannot be permitted.
3. Student-athletes will be held financially responsible for any lost or misplaced equipment.
4. Keep equipment off the floor.
5. Have practice equipment washed at least once a week.
6. Help keep the locker rooms clean.

7. Please treat all equipment as though it were your own personal property. It should not be abused.
8. An athlete who has not turned in the equipment for one sport or owes money for lost equipment will not be allowed to participate in another sport until all equipment is turned in or fines are paid.

IV. Arlington Athletic “Chain of Command”

The Arlington Athletic Department follows the chain of command listed below. We ask that you observe this line of communication if you elect to pursue any concern you may have with regard to the Athletic Program.

1. Assistant Coach of JV Coach (if applicable)
2. Head Coach
3. Athletic Director
4. High School Principal
5. Superintendent
6. Board of Education

V. Arlington Drug Testing Program

Philosophy

The policy is designed to help students and parents cope with drug, alcohol, tobacco, and nicotine use. Therefore, the policy is in place to provide guidelines for each student/family to receive assistance as needed. Accordingly, the policies established by the Arlington Local School’s administration are based upon the following beliefs:

1. We believe that there is no such thing as responsible use of controlled substances/mood altering chemicals, alcohol, tobacco or nicotine by any high school student. Adolescent use is not only against the law; it jeopardizes the student’s health and safety and it inhibits attainment of individual potential. Therefore, any use of controlled substances/mood altering drugs, alcohol, tobacco or nicotine by student athletes will not be tolerated.
2. We believe that participation in athletics is a privilege and not a right. Student-athletes are in a highly visible setting of leadership and/or competition/performance. Therefore, these student-athletes will be held to a higher accountability of conduct and behavior than the student who chooses neither to participate nor to represent Arlington School.
3. We believe that the school’s ignoring a rumor implies consent. Therefore, all reports, information, or rumors will be investigated by coaches, advisors and/or administration.
4. We believe that the parent(s)/guardian(s)/custodian(s) of a student-athlete have a right to be informed. Therefore, the parent(s)/Guardian(s)/custodian(s) will be contacted regarding findings by school staff.
5. We believe that violating the drug policy in a school or community setting reflects poorly on the individual, family, team/organization and school. Therefore, violations of this nature will carry penalties in regard to competition/contests/performances.

6. We believe that participation is better than exclusion. Therefore, first offense violations allow the student to remain a member of the team as long as he/she follows the assistance recommendations.
7. We believe that the coaches, trainers, team doctors, school counselor and administration are interrelated. Therefore, these departments must share information in an effort to promote a lifestyle among students that is drug, alcohol, tobacco and nicotine free. Professional judgement will be used regarding the sharing of confidential information shared with school staff; however, we believe that when all resources are called upon for assistance, more help can be provided to the student.

Purpose

1. To provide a healthy and safe environment to all student athletes participating in the athletic program.
2. To discourage or provide a deterrence for all student athletes from using drugs, alcohol, tobacco and nicotine.
3. To provide solutions for the student-athlete who does use drugs, alcohol, tobacco, and nicotine.
4. To provide the athletic department with guidelines and disciplinary policies for violations of the drug free policy.
5. To encourage those students who participate in athletic programs to remain drug, alcohol, tobacco and nicotine free.

Definitions

1. **Student-Athlete** - Any person participating in a high school or junior high athletic program and/or contests that is under the control and jurisdiction of the Arlington Local Schools and/or the Ohio High School Athletic Association. This policy also includes Cheerleading.
2. **Random Selection** - A system of selecting student-athletes for drug, alcohol, tobacco and nicotine testing in which each participant shall have a fair and equitable chance of being selected each time selections are required.
3. **Illegal/Illicit Drugs** - Any substance included in USC 802 (6), in which an individual may not sell, offer to sell, possess, give, exchange, use, distribute, or purchase under State or Federal Law. This definition also includes all prescription drugs obtained without authorization and all prescribed and over-the-counter drugs being used in any way other than for medical purposes in accordance with the directions for use by the prescription or the manufacturer.
4. **Alcohol** - Any intoxicating liquor, alcohol, wine, beer, mixed beverage, or malt liquor/beverage, as defined in the Ohio Revised Code Section 4301.01. The term "alcoholic beverages" includes any liquid or substance, which contains alcohol in any proportion or percentage. The term "alcoholic beverage" does not include a substance used for medical purposes in accordance with directions for use provided in a prescription or by the manufacturer, and in accordance with school district policy and rules related to the use of prescription and non-prescription drugs, providing the substance is (a) authorized by a medical prescription from a licensed physician and kept in the original container, which container shall state the student's name and directions for use or (b) an over-the-counter medicine.
5. **Assessment** - A program operated by a certified chemical dependency counselor or at an agency certified by the Ohio Dept. of Alcohol and Drug Addiction Services, or a licensed physician trained in chemical dependency.
6. **Possession** - Having control over an item.
7. **Trafficking** - Sell, offer to sell, distribute, possess with intent to distribute, cultivate, manufacture, or otherwise engage in any part of the production of a controlled substance.

8. **Controlled Substances** - Means a drug, compound, mixture, preparation, or substance included in Schedule I, II, III, IV, or V established pursuant to the Ohio Revised Code.
9. **Mood-Altering Chemicals** - Includes, without limitation, narcotics, depressants, stimulants, hallucinogens, counterfeit drugs, marijuana, alcohol, and any common substance such as “white out,” glue, gasoline, aerosols, cleaning solutions, etc..., used for its mood-altering effect. Prescription drugs are included in this, unless authorized by a medical prescription from a licensed physician and kept in the original container, which container shall state the student’s name and directions for proper use.
10. **Paraphernalia** - Instruments such as pipes, roach clips, syringes, hypodermic needles, cocaine spoons or kits, and any other items normally or actually used for the packaging, conveyance, dispensation, or use of drugs will not be permitted on any school property or vehicle and will be subject to confiscation. Possession of drug paraphernalia will be treated the same as possession of a controlled substance.
11. **Tobacco** - All types of tobacco products, including smokeless and e-cigarettes.
12. **Nicotine** – All forms of nicotine products, including vaping devices, Juuls, or other similar devices.
13. **Counterfeit Substance** -
 - (1) Any drug that bears, or whose container or label bears, a trademark, trade name, or another identifying mark used without authorization of the owner or rights to such trademark, trade name, or identifying mark.;
 - (2) Any unmarked or unlabeled substance that is represented to be a controlled substance/mood-altering chemical, manufactured, possessed, packed, or distributed by a person other than the person that manufactured, processed, packed, or distributed it;
 - (3) Any substance that is represented to be a controlled substance/ mood-altering chemical, but is not a controlled substance/mood-altering chemical or is a different controlled substance/mood-altering chemical;
 - (4) Any substance other than a controlled substance/mood-altering chemical that a reasonable person would believe to be a controlled substance/mood-altering chemical because of its similarity in shape, size, and color or its markings, labeling, packaging, distribution, or the price for which it is sold or offered for sale.

TYPES OF TESTING

Random Testing

Random testing will be done throughout the year. An athlete may be randomly tested more than once per season. Once an athlete has declared interest in athletics, they are subject to random testing throughout the year, regardless of how many sports they participate in during the year. In the event of a positive result, the athlete may have the original sample re-tested within 24 hours at his/her own expense.

a. Random Selection of Student Participants:

The Testing Company, under the administration’s supervision, will use a system to ensure that student-athletes are selected in a random fashion. This system may include computer generated random numbers or names or by pulling numbers from a pool of numbers equal to the number of eligible athletes.

b. Scheduling of Urine Drug Testing:

Random testing is unannounced. The day and date are selected by the Testing Company and confirmed with the administration. Random testing may be done weekly.

Reasonable Suspicion Testing

School officials will have the right to have student-athlete participants tested for the use of illicit or banned substances when there is “reasonable suspicion” surrounding the particular student-athlete. This reasonable suspicion will be left solely to the judgment of the school official (Advisor, Teacher, or Administrator).

Refusal to Test

Any student-athlete participant refusing to submit a urine sample during a pre-season, random, or reasonable suspicion test will have **24 hours** to produce a **non-dilute sample** at the approved Board of Education facility, at their own expense, with no cost reduction. Failure to comply within the 24-hour period is a violation which is equivalent to a 1st, 2nd, or 3rd violation of the Drug Policy (this is dependent upon any previous violations).

Drugs for Which Student-Athletes may be Tested

Marijuana - LSD - Alcohol - Amphetamines - Barbiturates - Nicotine (Tobacco) - Benzodiazepines - Methadone - Anabolic Steroids - Methaqualone - Opiates - Cocaine - Propoxyphene (Darvon), or any substance included in U.S.C. 802 (6).

Approved Board of Education Testing Facility

The only facility in which the Arlington Local Schools will accept test results from is:

GREAT LAKES BIOMEDICAL

25660 N. DIXIE HIGHWAY

PERRYSBURG, OHIO 43551

(419) 872-5343 OFFICE

(419) 872-7464 FAX

This facility has on-call technicians 24 hours a day, 7 days a week to help working parents. Call ahead to notify them of your arrival. Testing done at this facility is at the student-athlete’s expense with no cost reduction. **A parent/guardian is required to accompany any minor under the age of 18 years old.** If a parent/guardian is unable to accompany a minor, the parent may sign a waiver allowing the minor to test without adult supervision. These forms are available in the Main Office or they can be faxed from the facility.

Collection Process

The selected student will be notified to report to the collection site. A specimen of urine is collected following this process:

1. Drug testing area must be secured during the testing.
2. Only lab technicians and students will be witness to the test.
3. Privacy must be kept for all students.
4. The Athletic Director and/or Principal is responsible for ensuring that the Informed Consent Agreement is completed and signed by both parent/guardian and student.
5. When students arrive and cannot give a sample, they will need to start drinking water, pop, or juice. After 36 oz., the human body will need to urinate.
6. Any student who is taking a medication must notify the technician prior to testing and have the medication listed on the Informed Consent Agreement.
7. No bags, backpacks, purses, cups, containers, or drinks will be allowed to enter the collection area. All coats, vests, jackets, sweaters, hats, scarves, or baggy clothing must be removed before entering the collection site. Only pants and t-shirts or dresses may be worn in the collection area.

8. Students processed by the technician who cannot produce a sample will be kept in a secured area to wait until they can test. If they leave this area, they may not be allowed to test. They are not to have contact with anyone until after they have tested.
9. Students will be asked to hold out their hands and a sanitizer will be put on their hands. The bathroom personnel will add a dye to the toilet.
10. Students will be asked to urinate directly into the collection cup given to them by the lab technician. The technician will stand outside the stall and listen for normal sounds of urination.
11. Any and all adulterations or diluted samples of the specimen will be detected and considered the same as a test refusal or drug policy violation. The lab checks samples for adulterations or diluted samples and requires a retest within 24 hours if such occurs.
12. Any suspicion of tampering with the sample will be brought to the tester's attention. The sample will be sent to the lab for immediate confirmation of tampering.
13. The sample must be taken in one attempt and be at least 30 ml. in size. The student must hand the cup to the lab technician.
14. Students are not to flush the toilets. In the event that a student flushes the toilet, they will be required to give a new sample immediately or the sample will be invalid.
15. With the student watching, the lab technician will recap the sample and hand it to the student who must then return it to the intake technician. In the event the student does not hand the cup directly to the intake technician, the sample is invalid and a new sample must be taken. If the student leaves the collection area or walks out to talk with anyone, the sample is invalid and the student will have to give another sample.
16. Any infringement of these rules will result in the student taking a retest.
17. This collection procedure is subject to change because of procedural requirements by the testing agency. The Arlington Local School reserves the right to change the collection procedure to coincide with the testing guidelines as set forth by the agency.

Consequences for Violations of the Drug Policy

A. Possession of alcohol, controlled substances, mood altering chemicals, tobacco, or nicotine

OR

B. Positive Test Result (Drugs, Alcohol, Tobacco, Nicotine)

First Violation

1. Loss of any leadership position in athletic activities for the remainder of the school year.
2. A letter shall be mailed to the parent(s)/guardian(s) and a copy placed in the student-athlete's file that alerts the student-athlete of the violation, and informs the student-athlete of the consequences of further violations.
3. The student-athlete will have to make an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Dept. of Health or the Ohio Dept. of Alcohol and Drug Addiction Services) for chemical dependency assessment, provide the school with documentation of the completed assessment and then follow the recommendations of the counselor. Recommendations of the counselor do not need to be completed prior to the student-athlete returning to participation after their 20% suspension. The parent/guardian is responsible for all expenses and for providing the Athletic Department with documentation that the participant completed all recommendations of the counselor when those activities are complete. The participant will be denied 20% of the regularly scheduled events of the current activity, which equate to the following:

| | |
|--------------------------------------|-----------|
| Varsity/JV Cheerleading – Football | 2 games |
| Varsity/JV Football | 2 games |
| Varsity/JV Golf | 3 matches |
| Varsity/JV Volleyball | 4 matches |
| Varsity/JV Cheerleading – Basketball | 4 games |
| Varsity/JV Basketball | 4 games |
| Varsity/JV Baseball | 5 games |
| Varsity/JV Softball | 5 games |
| Varsity/JV Track | 3 meets |
| | |
| Jr. High Cheerleading – Football | 2 games |
| Jr. High Football | 2 games |
| Jr. High Volleyball | 3 games |
| Jr. High Cheerleading – Basketball | 3 games |
| Jr. High Basketball | 3 games |
| Jr. High Track | 2 meets |

The parent/guardian and student-athlete will meet with the Athletic Director, coach and the administrator to determine reinstatement. The student-athlete may be required, at parent/guardian expense, to submit to weekly testing for the remainder of the current athletic season.

OR

If the student-athlete does not comply with the first violation consequences (items 1-3), the student-athlete will be denied participation in interscholastic athletics for the remainder of the current season and the next athletic season.

The denial of the privilege to compete will begin with the last contest in which the student-athlete has been eligible to compete, or the date on which the violation of the substance abuse policy has been determined.

Second Violation

1. The student-athlete is denied contest participation for one calendar year from the date of the violation. The athletic department and head coach, at their discretion, may allow a student-athlete to practice with a team. The student-athlete will have to make an appointment with a certified chemical dependency counselor (or at an agency certified by the Ohio Dept. of Health or the Ohio Dept. of Alcohol and Drug Addiction Services) for chemical dependency assessment, and then follow the recommendations of the counselor. The parent/guardian/custodian is responsible for all expenses and for providing the athletic department with documentation that the student completed all recommendations of the counselor. The parent/guardian/custodian and student-athlete will meet with the athletic department to determine the reinstatement. The student-athlete may be required, at parent/guardian/custodian expense, to submit to weekly testing for the remainder of the current athletic season.

Third Violation

1. The student-athlete is permanently denied participation in athletics at the Arlington Local School.
2. An exception for 7th and 8th grade students who experience a third violation in Jr. High; they may be reinstated into the athletic program and revert back to a second violation when the student-athlete enters their sophomore year in high school.

C. Selling/Attempting to Sell Alcohol, Trafficking in Controlled Substances/Mood Altering Chemicals

Student-athletes who are found to be selling or distributing alcohol, drugs, drug paraphernalia, tobacco or nicotine will be subject to the following:

First Violation

1. A letter shall be mailed to the parent(s)/guardian(s) and a copy placed in the student-athlete's file that alerts the student-athlete of the violation, and informs the student-athlete of the consequences of further violations.
2. Dismissal from all athletics for the remainder of the school year.
3. Information collected related to trafficking will be reported to appropriate law enforcement authorities.
4. The student-athlete must also show proof of counseling prior to being eligible to participate in Further athletics at Arlington High School.

Any Additional Offense will result in permanent denial of participation in athletics in the Arlington Local Schools.

Reasonable Suspicion

Reasonable suspicion is still part of the policy. Therefore, student-athletes who use alcohol, tobacco, nicotine or drugs will be subject to denial of participation. The athletic department reserves the right to enforce this policy based upon reasonable suspicion. Disciplinary action based on reasonable suspicion will be the responsibility of the athletic director.

Disciplinary Procedures

1. When school personnel learn that a student-athlete has violated or is suspected to have violated any rule, the athletic director and principal (designee) shall be notified immediately. The investigation shall be initiated within 72 hours of notification.
2. The student-athlete may be temporarily removed from an athletic contest and/or practice by the principal (designee), athletic director, or coach.
3. A review committee, consisting of the teacher/advisor and the athletic director at a minimum, will meet to investigate the violation. If the review committee feels action beyond temporary removal is warranted, the athletic director or principal shall inform the student-athlete and the parent/guardian of the specific violation and possible penalty.
4. An informal hearing with the student-athlete and the review committee will be held.
5. Violations shall be determined based on the totality of all reasonable, available evidence. The review committee shall have the authority to hear testimony, receive sworn statements and evidence, and take any other reasonable actions necessary to reach a decision.
6. The athletic director will inform the student and the parents of the review committee's decision.
7. The review committee's decision may be appealed to the Principal/Designee.
8. During an appeal, the student-athlete may practice, but may not participate in any official activity pending the outcome of the hearing conducted by the Principal/Designee. **The decision of the Principal/Designee is final.**

Due Process

Each student-athlete who is in violation of the Drug, Alcohol, Tobacco and Nicotine Policies will be afforded due process. The student-athlete will have the right of appeal consequences to the building principal. This must be done, in writing, within 72 hours of the consequences being determined. All

consequences will be enforced during the appeal period. A final appeal may be made to the Superintendent of schools or his/her designee, in writing, within 72 hours of the consequences being determined. All consequences will be enforced during the appeal period.